



HEAL HEALTHY at HOME

County of Los Angeles Meals on Wheels Association

VETERANS

Sign-up for nutritious cost free meals delivered to your home!

WHO WE SERVE

Homebound veterans who cannot shop, cook or otherwise provide for themselves due to illness, accident, disability, frailty, lack of mobility or other mental or physical health problems.

We deliver in Santa Monica, Venice, West LA, Culver City, Mar Vista/Palms, Marina del Rey, Westchester, Playa del Rey and some areas in the City of Los Angeles. We serve zip codes;

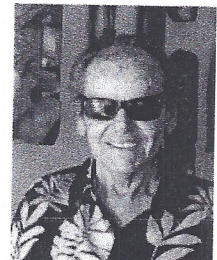
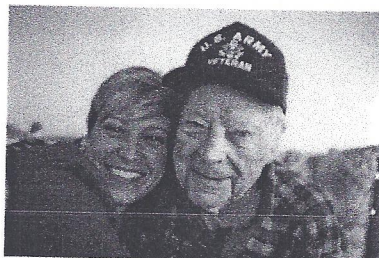
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“I had a triple bypass. I used to eat junk food but now I eat good food, healthy food from Meals on Wheels West. It’s always right on.” ... Joseph R, US Marines veteran

The Delivering More Than a Meal program delivers healthy meals to your door

- Our daily Wellness Check helps health and wellness
- Get referrals to other social services
- We deliver a hot, nutritious lunch and a light dinner Monday – Friday
- Special meals for diabetics, kidney patients and other special diets are provided
- Veterans of all ages are eligible

Call Angel to enroll 310 394 -5133 x1 email: clientservices@MealsonWheelsWest.org



MEALS ON WHEELS WEST

Delivering More Than a Meal