

Qualify for Medi-Cal?

In need of **senior** services?

Help with landlord/ tenant issues?

Homeless or in crisis?

Qualify for food stamps?

Violence in your home?

Need health insurance for your kids?

Need help with substance abuse?

- Free and Confidential
- 24 Hours/7 Days a Week
- Multilingual
- **TTY Accessible**
- Call 911 for Emergencies

Call 2-1-1 for FREE

Information on Health and Social Services

KEEP THIS CARD HANDY & CALL WHEN YOU NEED HELP.



- Information on LA County Services Food and Shelter Assistance
- Help with Landlord-Tenant Issues
- Employment Resources
- Disaster Preparedness Information
- Assistance with Medi-Cal and Food Stamps
- Help with Care for Aging Parents ■ Parenting Resources
- Health and Legal Services
- AND MUCH, MUCH MORE

CALL 2-1-1 for FREE

Information on Health and Social Services





