

"HOW CAN I HELP YOU?"

enefits Information	 Basic information about programs, eligibility, links to 	Information available at:
& Eligibility Questions	online application sites, testimonial videos, and an easy to understand eligibility quiz with digital resource links	www.benefits.va.gov/benefits/ 1-800-827-1000
	 are available on http://explore.va.gov/ A hardcopy and online handbook is available for benefits and qualifications information 	http://explore.va.gov/
	 Further benefits and eligibility information is available at ebenefits.va.gov 	Benefits Handbook: www.va.gov/opa/publications/benefits_book.asp
enefits Applications Claim Questions	 Information, forms, and phone numbers are available online for Veterans and their dependents Links to online application sties and other online resources where Veterans can get answers are on 	All forms and applications available at: www.ebenefits.va.gov/ Videos that explain how to fill out select forms:
	http://explore.va.gov/.	www.benefits.va.gov/BENEFITS/videos.asp
ome Loan Guaranty rogram Questions or	 VA guarantees loans made by private lenders. The VA provides Specially Adapted Housing (SAH) grants for severely disabled Veterans 	All forms and information available at: www.benefits.va.gov/homeloans/index.asp 1-877-827-3702
ayment on a VA- rovided Home Loan	Note: VHA provides HISA grants to eligible Veterans for use in modifying a home. These are smaller grants.	http://explore.va.gov/home-loans-and-housing
ocational ehabilitation and mployment (VR&E) iformation	The VR&E program provides: Assistance in finding employment with programs such as vocational assessments, counseling, education tuition/stipends related to employment and employment planning	Information available at: www.benefits.va.gov/vocrehab
	Note: Links to VR&E as well as other employment resources can be found on http://explore.va.gov/	http://explore.va.gov/employment-services
ducation and Post- /11 GI Bill Benefits	 The post-9/11 GI Bill pays higher education tuition, housing, and stipends for Veterans, service members or their dependents Eligibility - served at least 90 days on active duty after 9/10/2001 An important starting point - GI Bill Comparison Tool 	Information available at: www.benefits.va.gov/gibill/ 1-888-GIBILL-1 (442-4551) http://explore.va.gov/education-training https://www.vets.gov/gi-bill-comparison-tool
ension	 Pension benefits descriptions, eligibility, and application forms are available online. Basic info, forms and links to resources for Veterans Pensions, Survivors Pension and Special Monthly Pension for Veterans on http://explore.va.gov/. 	Information available at: www.benefits.va.gov/pension/ http://explore.va.gov/pension
iduciary	 Program for Veterans and other beneficiaries who, due to injury, disease, or due to age, are unable to manage their financial affairs Apply for benefit or to become a fiduciary for a Veteran 	Information available at: http://www.benefits.va.gov/fiduciary
Insurance and TSGLI/SGLI Questions	Veterans are eligible for: Service-Disabled Veterans Insurance (S-DVI), Service members' Group Life Insurance (SGLI), Veterans' Group Life Insurance (VGLI), and/or Veterans'	All forms and information available at: www.benefits.va.gov/insurance 1-800-419-1473
	Mortgage Life Insurance (VMLI), SGLI Traumatic Injury Protection (TSGLI), Servicemembers' Group Life Insurance Disability Extension (SGIL-DE), Family Servicemembers' Group Life Insurance (FSGLI),	http://explore.va.gov/life-insurance
isability ompensation uestions	 Disability compensation is a tax-free benefit paid to eligible Veterans Eligibility is determined by injuries/diseases 	All forms and information available at: www.benefits.va.gov/compensation/types-disability.asp
	from/aggravated by service	http://explore.va.gov/disability-compensation
ependency & ndemnity compensation for eteran's ependents	Dependents may be awarded tax-free benefits for: Death during military service or post-service related to a service-connected disability Death after extended period of 100 percent disability Note: Links and information to VA benefits and services available to dependents, survivors and spouses are	All forms and information available at: www.benefits.va.gov/compensation/types- dependency and indemnity.asp http://explore.va.gov/spouses-dependents-survivors





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	VA Facility Locat	or
VA Facility Locator	 VA facilities including additional state and local resources 	Information available at: www.va.gov/landing2_locations.htm
	Transition and Veteran Employ	yment Services
Veterans Employment Services Office (VESO)	 Helps Veterans and transitioning Military Service Members find federal careers Military Skills Translator, Resume Builder and Federal Job Search functions Note: Visit http://explore.va.gov/ to learn about other employment resources provided by VA. 	Information available at: www.vaforvets.va.gov 1-855-824-8387 http://explore.va.gov/employment-services
Transition Assistance Program (TAP)	TAP may include: Transition from Service briefings and assistance	Information available at: www.benefits.va.gov/TAP/

	Veterans Health Admin	istration
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Health Care Benefits or Application Questions	VHA provides: Primary care Mental health care (including Veteran-specific treatment for PTSD, TBI care, etc.) Preventative care A wide variety of specialty care Inpatient and outpatient pharmacy Geriatric care Long term care and support	Program Information: www.va.gov/healthbenefits/ 1-877-222-VETS (8387)
		Eligibility Information: www.va.gov/healthbenefits/apply/veterans.asp
		How to Apply: www.1010ez.med.va.gov
	Note: For basic information and an easy to understand eligibility quiz with digital resource links go to: http://explore.va.gov/ .	Application and General Information available at: http://explore.va.gov/health-care provides basic informatio to Veterans and their families and directs them to the latest online information and application sites. The site's video gallery holds Veteran testimonial videos about health care.
Access to Patient Medical information	 My HealtheVet is VA's online personal health record system designed to help VA patients manage their healthcare records and notes from medical providers Blue Button allows you to share info between VA and non VA providers. 	Information for both resources available at: www.myhealth.va.gov/index.html 1-877-327-0022
Women Veteran Support	The Women Veterans Health Program addresses health care needs of women Veterans to ensure that timely, equitable, high-quality, comprehensive health care services are available and provided	Information available at: www.womenshealth.va.gov Women Veterans Call Center: 1-855-VA-WOMEN (829-6636)
Rural Veteran Support	 The VA Office of Rural Health helps rural Veterans access medical care through VA facilities 	Information available at: www.ruralhealth.va.gov
Mental Health Support	 Authoritative mental health information and resources for Veterans and their families. Self-help toolbox Where to get help Comprehensive guide to VA Mental Health Services Veterans Crisis Line website has a live chat function 	Information available at: www.mentalhealth.va.gov http://maketheconnection.net/ https://www.veteranscrisisline.net/
		Guide to VA Mental Health Services for Veterans and Families: www.mentalhealth.va.gov/docs/MHG_English.pdf
Veteran (Vet) Center information	Vet Centers provide: Individual and group counseling Discharge upgrade information Community, social service and medical referrals Employee assistance referrals VA Benefits assistance referrals	Information available at: 1-877-WAR-VETS (927-8387) Locate a Vet Center near you at: www.va.gov/directory/guide/vetcenter.asp

Benefits Information

Burial and Memorial VA offers Veterans and their dependents:

- Burial and honoring services, including gravesites and grave liners
- Maintenance of national cemeteries
- · Headstones, markers, and presidential memorial certificates

Note: VBA manages additional memorial benefits

Information available at:

www.cem.va.gov 1-800-827-1000

Application and benefit information about both VBA and NCA managed memorial benefits available at: http://explore.va.gov/



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Board of Veterans Appeals

Claims Appeal Process information

 A Veteran or dependent/caregiver has a full year to appeal a denied claim regarding any VA benefit. To appeal, file a Notice of Disagreement with the Administration that denied the benefit

appeals processing and resolutions take place in the Administration that made the initial claims decision

Information available at:

www.bva.va.gov

Appeal Process Pamphlet:

The appeals process has many stages, and most of the www.bva.va.gov/docs/Pamphlets/How-Do-I-Appeal-Booklet--508Compliance.pdf

VA Website	www.va.gov	
VA Benefits Info	1-800-827-1000	
VA Health Care Info	1-877-222-VETS (8387)	
24-Hour Hotline for Homeless Vets	1-877-4AID-VET (4243-838)	
24-Hour Veteran Crisis Hotline	1-800-273-8255 option 1	





General VA Information

VA Website